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April 30th, 2020 - New Medicare Payment Rules for Hip Knee experts say that too many of these procedures result in unnecessary Obesity diabetes and smoking all increase a patient?s risk of

'*A Patient s Guide to Arthroscopy mplsortho*

March 27th, 2020 - A Patient s Guide to Arthroscopy Introduction and unnecessary damage to normal structures is avoided Arthroscopy has also greatly expanded orthopedic surgeon s

understanding of problems around the joints The knee was the primary site of arthroscopic procedures in the early days of arthroscopy and continues to be a mon target of

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Surgery respected orthopedic surgeon Ronald P Grelsamer intricately and accessibly conveys all the information regarding the knee and surrounding areas that any person suffering from knee pain would ever need to know in order to make an informed decision about treatment for his or her condition'

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'Radiographic Assessment for Medial Oxford Partial Knee April 23rd, 2020 - The implications of damage to the lateral femoral condyle on medial unipartmental knee replacement JBJS Br 92 3 374 9 2010 Disclaimer This is a preoperative

guide for X ray assessment to determine patient suitability for Oxford medial partial knee replacement" *Personal Preparation Southern California Orthopedic*

April 2nd, 2020 - Preparation Guide Listed below are some reminders and suggestions for things to accomplish prior to surgery so that your recovery period is as leisurely and stress free as possible Taking care of some of your responsibilities beforehand can allow you to focus on your recovery not your workload'

'A PATIENT S GUIDE TO UNNECESSARY KNEE SURGERY

How to

May 1st, 2020 - A PATIENT S GUIDE TO UNNECESSARY KNEE SURGERY How to Avoid the Pitfalls of Hasty Medical Advice Ronald P Grelsamer Public perception of knee care is at variance

with the truth Misinformation is perpetuated by practitioners who are inpletely educated about knee issues and or shamelessly unscrupulous'

'A Patient s Guide to Unnecessary Knee Surgery Ronald P

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Diagnosis and treatment Mayo Clinic

April 30th, 2020 - Clinical trials Explore Mayo Clinic studies testing new treatments interventions and tests as a means to

prevent detect treat or manage this disease Lifestyle and home remedies Over the counter medications ? such as ibuprofen Advil Motrin IB others and naproxen sodium Aleve ? may help ease knee pain" Why do surgeons continue to perform unnecessary surgery

April 18th, 2020 - Why do surgeons continue to perform unnecessary surgery Philip F Stahel¹ 2 Todd F VanderHeiden¹ and Fernando J Kim³ Patient safety in surgery has historically suffered from a lack of physician driven initiatives aimed at recognizing preventing and mitigating medical errors and surgical plications 1 In spite of a multiplicity of'

'Infectious Disease Screening Questionnaire Southern

April 28th, 2020 - The following is the Infectious Disease Screen

Questionnaire All visitors who enter the SCOI building need to complete the Infectious Disease Screening form and have their temperature taken upon entry Please understand this screening is being done for the safety of our patients and our staff Have you been diagnosed with COVID 19 or been advised directed to begin testing monitoring'

'Knee Fractures and Dislocations Doctor Patient

May 1st, 2020 - Second s fracture this is an avulsion fracture of the lateral tibial condyle immediately beyond the articular surface with the knee Although not directly a part of the knee joint it occurs in association with tears of the anterior cruciate ligament ACL medial meniscus and lateral capsular ligament and is thus included here"Avoiding Total Knee Replacements

April 20th, 2020 - But current 3D CT imaging with robotic arm control has made it possible to place the ponents in positions that are optimal for the patient?s anatomy and stability The problem even with perfectly placed total knee replacements is that up to 50 of patients have pain at 10 years"A Patient s Guide to Unnecessary Knee Surgery

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April 27th, 2020 - Manager's Guide to Implementing Metal Additive gathered about an individual patient's knee and are fabricated what the patient needs and reduces the risk of unnecessary or'

**'Patient specific instruments in total knee arthroplasty
January 5th, 2017 - Patient specific instruments PSI Patient specific instruments PSI were recently introduced as a new technology to pursue the same goal of navigation in increasing the accuracy of the surgical technique and avoiding the practical issues related to the plexity of the CAS such as the costs surgical time and learning curve related to the procedure'**

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Americas are told by an orthopedic surgeon that the only way
to successfully get rid of their knee pain is to undergo some
form of knee surgery But so many of these'**

**'Evaluation of Patients Presenting with Knee Pain Part I
April 29th, 2020 - The physician grasps the patient s heel with
one hand and the knee with the other hand The physician s
thumb is at the lateral joint line and fingers are at the medial
joint line The physician"Surgery for Torn Meniscus in the Knee**

is Often Unnecessary

April 28th, 2020 - Surgery for Torn Meniscus in the Knee is Often Unnecessary Ineffective Misdirected ?This meta analysis illustrates the lack of level I evidence to guide the surgical management of meniscal tears published in the American Journal of Sports Medicine sought to identify which surgical interventions actually improved patient?s'

'Acute knee pain presentations in middle aged patients

April 30th, 2020 - Avoid unnecessary further investigation Be mindful that MRI does not provide additional useful information in most cases of knee injury especially when degenerative joint disease is evident on plain X ray eg it often reveals incidental findings that are unrelated to the patient?s pain'

'Why do surgeons continue to perform unnecessary surgery

April 27th, 2020 - The title of this editorial asks 'Why do surgeons continue to perform unnecessary surgery ? To phrase it another way one might pose the question 'Why would a reasonable surgeon consider performing unneeded surgical procedures ?

From a surgeon's perspective two distinct answers appear intuitive

1"One Third of Knee Replacements for Arthritis May Be

April 27th, 2020 - One Third of Knee Replacements for Arthritis May Be Unnecessary Americans undergo about 600 000 knee replacements each taking into account a patient's symptoms age and knee mobility'

'Warning against unnecessary knee surgery SBS News

April 26th, 2020 - Arthroscopic knee surgery to treat osteoarthritis is of low value and doctors are being told to consider alternatives such as exercise therapy to avoid unnecessary harm to the patient'

'Knee Assessment Doctor Patient

May 1st, 2020 - Flex the patient s hip and knee to 90° Hold the heel with the right hand and steady the knee with the left Slowly extend the knee using the right hand and at the same time palpate the joint line with the left hand Perform this with the tibia in external and then internal rotation at the various stages of flexion'

'JAMA Unnecessary Joint Replacements Cost Americans 8 3
April 29th, 2020 - As many as one third of hip and knee

replacements in the U S may be unnecessary And unneeded joint replacements cost Americans an estimated 8 3 billion a year Vanessa Lam and Drs Steven Teutsch and Jonathan Fielding published these estimates in a March 13 2018 JAMA Viewpoint article'

'How unnecessary tests scans procedures and surgeries are
April 30th, 2020 - From duplicate blood tests to unnecessary knee replacements millions of patients are being bombarded with screenings scans and treatments that offer little or no benefit Makary said Doctors estimated that 21 percent of medical care is unnecessary according to a survey Makary published in September in Plos One'

'Handbook of Hip amp Knee Joint Replacement Rakuten Kobo

April 21st, 2020 - Read Handbook of Hip and Knee Joint Replacement Through the Eyes of the Patient Surgeon and Medical Team by Robert Holland available from Rakuten Kobo
Written in simple non jargon language with over 1 200 copies sold world wide this highly praised unbiased resource is "A Patient's Guide to Unnecessary Knee Surgery Book

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'Unnecessary Knee Replacements Baseline of Health

April 18th, 2020 - That's because new research has found that fewer than half of all total knee replacement operations taking place in the United States can be medically justified The subjects were 175 adults who had undergone a total knee replacement procedure They were all part of a much larger ongoing study known as the Osteoarthritis Initiative'

'Orthopaedics Choosing Wisely Canada

April 23rd, 2020 - The diagnosis of knee osteoarthritis can be effectively made based upon the patient's history physical examination and plain radiography consisting of weight bearing posterior anterior lateral and skyline views Ordering

MRI scans incurs further waiting times for patients can cause unnecessary anxiety while waiting" *Digital book A Patient s Guide to Unnecessary Knee Surgery*

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pliments of Introduction Slipped capital femoral epiphysis SCFE is a condition that affects the hip in teenagers between the ages of 12 and 16 most often Cases have been reported as early as age nine years old In this condition the growth center of the hip the capital femoral epiph'

'Patient Education Concord Orthopaedics

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'A Patients Guide to ACL Reconstruction Surgery

April 17th, 2020 - to provide static and dynamic knee stability to return to work and sport as soon as possible It is very important that you the patient takes an active part in the rehabilitation both before and after the operation My goal is to guide you through the rehabilitation without unnecessary restrictions'

'Patient Reference Guide Osteoarthritis

April 27th, 2020 - Osteoarthritis Care for Adults With Osteoarthritis of the Knee Hip or Hand 1 This guide is for adults with osteoarthritis of the knee hip or hand avoid unnecessary assessments investigations or treatments please see our patient reference guide Opioid Prescribing for Chronic Pain'

'A Patient s Guide to Unnecessary Knee Surgery How to

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