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June 5th, 2020 - kelly brogan m d is a holistic psychiatrist author of the new york times bestselling book a mind of your own and the children s book a time for rain and co editor of the landmark textbook integrative therapies for depression she pleted her psychiatric training and fellowship at nyu medical center after graduating from cornell'

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June 6th, 2020 - Kelly Brogan MD is a holistic psychiatrist author of the NY Times bestselling book *A Mind of Your Own*, *Own Your Self*, *The Children's Book*, *A Time for Rain* and co-editor of the landmark textbook *Integrative Therapies for Depression*. She is the founder of the online healing program *Vital Mind Reset* and the membership *Munity Vital Life Project*.

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